

FOUNDATIONS

The key facts 26/27...

Where?

Foundations runs in 3 different locations:

- **St Judes, Plymouth**
- **St Pauls, Sticklepath, Barnstaple**
- **St Marks, Exeter**

How?

A hybrid course with a team of tutors across 7 sessions: a mixture of online content, in person teaching, and group discussion

Book a place using the link on the website!

When?

The course starts on Saturday 10th October 2026.

Questions? foundations@exeter.anglican.org

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What am I studying?

There are four modules for Foundations:

Theology

- Theology: An Introduction
- God Is One: Trinity
- God Is Alive: Christology
- God is Moving: Missiology
- What is Church: Ecclesiology
- Contextual Theology
- Theology: Different Lenses

The Bible

- The Bible: An Introduction
- Creation & Covenant
- Exodus and The Promised Land
- Judge and Kings
- Prophecy
- Jesus and The Gospels
- St Paul and Acts
- The Bible and New Creation

Spirituality

- Spirituality: An Introduction
- Benedictine & Franciscan Spirituality
- Ignatian Spirituality
- Celtic Spirituality
- Anglican Spirituality
- Charismatic Spirituality
- Our Spiritual Journey

Ministry

- Learning in a Community
- Prayer
- Worship
- Calling and Everyday Discipleship
- Community Engagement
- Mission and Evangelism
- Who Am I As A Christian?
- Vocations and What Next?

**You study these topics online and on the Saturdays,
and they are discussed in your tutorial sessions.**

This is a taster course – to encourage thought and questioning.

**You won't study anything in great depth, but will be exposed to some ideas that you
hopefully find interesting and may help you consider the steps you take next.**

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Why am I studying these things?

These topics are foundational subjects for our Christian faith and lives as disciples of Jesus, and members of the Church of England.

The course has a number of aims, which may or may not all apply to you. It may:

- **Help you think about your discipleship**
- **Help you understand some aspects of faith differently**
- **Help you see your current situation in a new way**
- **Encourage you to explore whether you are called to something new**

This is the foundational course to train as a Licensed Lay Minister (Reader) or for one of the new Commissioned Roles, or if you are discerning a call to ordination.

What are the requirements?

- **Attend 3 Saturdays (from 10am – 4pm) and 4 weekdays (from 7pm–9pm)**
- **Engage in the online learning in between the in-person sessions via our learning platform Moodle**
- **Each monthly online session probably takes up to 5 – 7 hours to complete**
- **You are encouraged to make notes on your online learning platform to support your ongoing learning. Your work is not being marked or graded.**